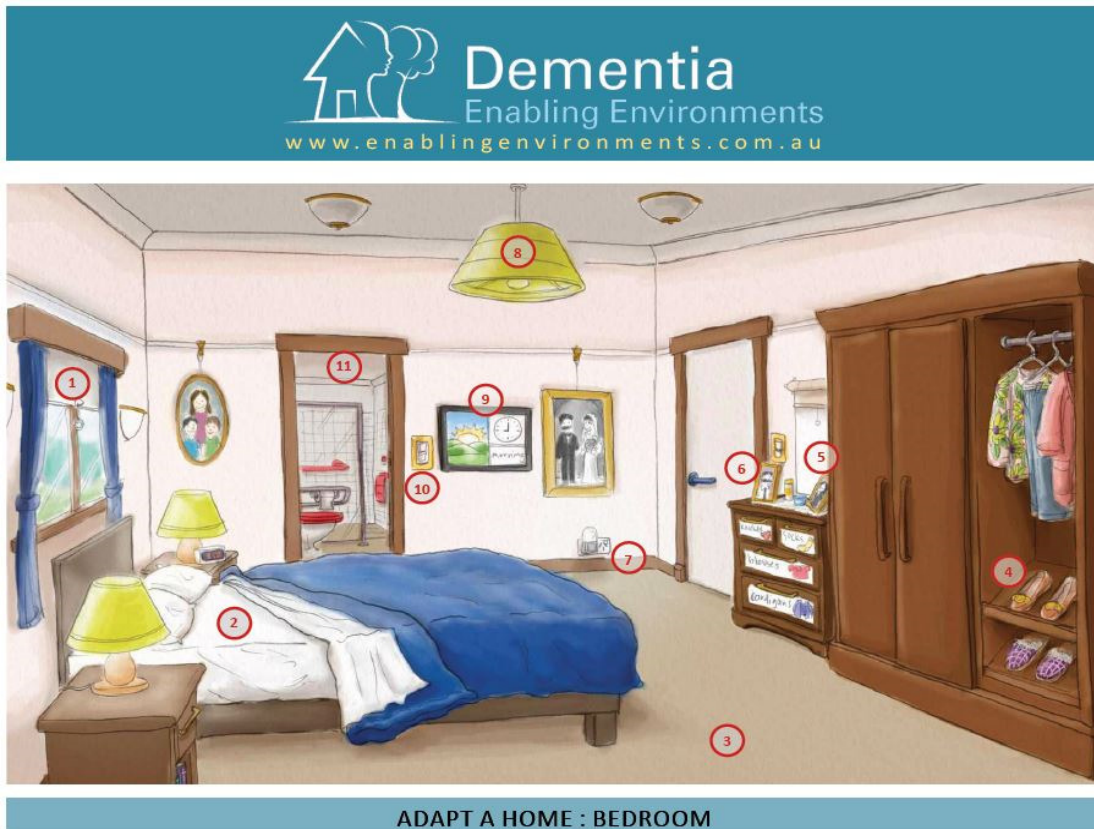


# Designing A Dementia-Friendly Home

## Dementia-Friendly Bedroom



- 1 - Blackout blinds.
- 2 - Color contrasts between the floor, headboard, comforter, and sheets.
- 3 - Remove clutter and rugs, tables and chairs.
- 4 - Remove doors from closets. Minimize choices.
- 5 - Consider removing or covering mirrors.
- 6 - Use photos and objects important to the person.
- 7 - Use motion-sensored lights.
- 8 - Ensure even, adequate lighting.
- 9 - Clocks that specify day or night.
- 10 - Color contrast between the walls, light switches, switch plates.
- 11 - Keep door open to the bathroom. Color contrast between the door and door frame.