



## **101 Things to Do with a Person with Alzheimer's Disease**

1. Clip coupons
2. Sort poker chips
3. Count tickets
4. Rake leaves
5. Use the carpet sweeper
6. Read out loud
7. Bake cookies
8. Look up names in the phone book
9. Read the daily paper out loud
10. Ask someone with a child to visit
11. Listen to polka music
12. Plant seeds indoors or out
13. Look at family photos
14. Toss a ball
15. Color pictures
16. Make homemade lemonade
17. Wipe off the table
18. Weed the flower bed
19. Make cream cheese mints
20. Have a spelling bee
21. Read from the Reader's Digest
22. Fold clothes
23. Have a friend visit with a calm pet
24. Cut pictures out of greeting cards
25. Wash silverware
26. Bake homemade bread
27. Sort objects by shape or color
28. Sing old songs
29. "Tell me more" when they talk about a memory
30. Put silverware away
31. Make a Valentine collage
32. Play favorite songs and sing
33. Take a ride
34. Make a cherry pie
35. Read aloud from a magazine
36. Play dreidels
37. Make a basket of socks
38. Take a walk
39. Reminisce about a 1st day of school
40. String Cheerios to hang outside for birds
41. Make a fresh fruit salad
42. Sweep the patio
43. Color paper shamrocks green
44. Fold towels
45. Have afternoon tea
46. Remember great inventions
47. Play Pictionary
48. Paint a sheet



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| 49. Cut out paper dolls                          | 50. Identify states and capitals      |
| 51. Make a family tree poster                    | 52. Color a picture of our flag       |
| 53. Cook hot dogs outside                        | 54. Grow magic rocks                  |
| 55. Water house plants                           | 56. Reminisce about the first kiss    |
| 57. Play horse shoes                             | 58. Dance                             |
| 59. Sing favorite hymns                          | 60. Make homemade ice cream           |
| 61. Force bulbs for winter blooming              | 62. Make Christmas cards              |
| 63. Sort playing cards by color                  | 64. Write a letter to a family member |
| 65. Dress in your favorite football team's color | 66. Pop popcorn                       |
| 67. Name the presidents                          | 68. Give a manicure                   |
| 69. Make paper butterflies                       | 70. Plant a tree                      |
| 71. Make a May basket                            | 72. Make homemade applesauce          |
| 73. Finish famous sayings                        | 74. Feed the ducks                    |
| 75. Mold with play dough                         | 76. Look at pictures in Magazines     |
| 77. Put a puzzle together                        | 78. Sand wood                         |
| 79. Rub in hand lotion                           | 80. Decorate paper placemats          |
| 81. Arrange fresh flowers                        | 82. Remember famous people            |
| 83. Straighten out underwear drawer              | 84. Finish Nursery Rhymes             |
| 85. Make peanut butter sandwiches                | 86. Wipe off patio furniture          |
| 87. Cut up used paper for scratch paper          | 88. Take care of fish tank            |
| 89. Trace and cut out leaves                     | 90. Ask simple trivia questions       |
| 91. Finish Bible quotes                          | 92. Paint with string                 |
| 93. Cut out pictures from magazines              | 94. Read classic short stories        |
| 95. Put coins in a jar                           | 96. Sew sewing cards                  |
| 97. Put bird feed out for the birds              | 98. Clean out a pumpkin               |
| 99. Reminisce about a favorite summer            | 100. Roll yarn into a ball            |
| 101. Make a birthday cake                        |                                       |