alzheimer's $\mathop{\text{$\Omega$}}$ association

ONLINE CAREGIVER RESOURCES

ALZ.ORG/CARE



HELP AND SUPPORT FOR CAREGIVERS

Caring for a person living with Alzheimer's or another dementia often involves a team of people. Whether you provide daily care, participate in financial, legal or care-related decision-making, or simply care about a person living with the disease — there's much to do and plenty to know. The Alzheimer's Association® offers a variety of resources and support at alz.org/care.

Find reliable information on:

- » Caregiving in the early, middle and late stages of Alzheimer's disease.
- » Behaviors.
- » Daily care.
- » Caregiving skills and training.
- » Respite care.
- » Care options and coordination.
- » Costs you may face.
- » Legal documents.
- » Safety.
- » Working with doctors.





ALZHEIMER'S ASSOCIATION TOOLS AND RESOURCES

ALZConnected®

Our online community where people living with dementia, caregivers and others affected by the disease can share questions, experiences and practical tips via message boards or create private groups organized around specific topics.

LiveWell Online Resources

Free interactive tools that help users navigate the personal and emotional challenges accompanying an Alzheimer's diagnosis and provide personalized steps for living well with the disease.

Alzheimer's Navigator®

An interactive tool for people living with dementia and their caregivers that evaluates needs, outlines action steps and links users to local services and Association programs.

Alzheimer's Association & AARP Community Resource Finder

A database of dementia and aging-related resources powered by CareLike®, including local programs and services.

alz.org/care



alz.org/care

Reliable information and easy access to resources.



alz.org/education

Free online workshop series:

» Living with Alzheimer's: for Caregivers



alz.org/CRF

We're in communities nationwide.



800.272.3900

24/7 Helpline - Available all day, every day.

alzheimer's Ω association

The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support and research. Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

Our vision is a world without Alzheimer's disease®.

800.272.3900 | alz.org®

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