Dementia-Friendly Bathroom

1. Door kept open. Door handle contrast. Doors unlock from outside.
2. Good ventilation, fresh air, natural light.
4. Hand-held shower.
5. Grab rails in shower and contrasting.
6. Remove curtain.
8. Shower seat.
9. Motion-activated lighting.
10. Socket covers or waterproof sockets.
11. Remove or cover mirrors.
12. Ensure even lighting.
13. Common items seen easily.
14. Use familiar fixture styles. Flood prevention and detection devices to detect potential flooding.
15. Warm, inviting and safe. Use textures (soft towels) to add sensory variety.

Source: www.enablingenvironments.com.au