101 Things to Do with a Person with Alzheimer’s Disease

1. Clip coupons
2. Sort poker chips
3. Count tickets
4. Rake leaves
5. Use the carpet sweeper
6. Read out loud
7. Bake cookies
8. Look up names in the phone book
9. Read the daily paper out loud
10. Ask someone with a child to visit
11. Listen to polka music
12. Plant seeds indoors or out
13. Look at family photos
14. Toss a ball
15. Color pictures
16. Make homemade lemonade
17. Wipe off the table
18. Weed the flower bed
19. Make cream cheese mints
20. Have a spelling bee
21. Read from the Reader’s Digest
22. Fold clothes
23. Have a friend visit with a calm pet
24. Cut pictures out of greeting cards
25. Wash silverware
26. Bake homemade bread
27. Sort objects by shape or color
28. Sing old songs
29. “Tell me more” when they talk about a memory
30. Put silverware away
31. Make a Valentine collage
32. Play favorite songs and sing
33. Take a ride
34. Make a cherry pie
35. Read aloud from a magazine
36. Play dreidels
37. Make a basket of socks
38. Take a walk
39. Reminisce about a 1st day of school
40. String Cheerios to hang outside for birds
41. Make a fresh fruit salad
42. Sweep the patio
43. Color paper shamrocks green
44. Fold towels
45. Have afternoon tea
46. Remember great inventions
47. Play Pictionary
48. Paint a sheet

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49. Cut out paper dolls
51. Make a family tree poster
53. Cook hot dogs outside
55. Water house plants
57. Play horse shoes
59. Sing favorite hymns
61. Force bulbs for winter blooming
63. Sort playing cards by color
65. Dress in your favorite football team’s color
67. Name the presidents
69. Make paper butterflies
71. Make a May basket
73. Finish famous sayings
75. Mold with play dough
77. Put a puzzle together
79. Rub in hand lotion
81. Arrange fresh flowers
83. Straighten out underwear drawer
85. Make peanut butter sandwiches
87. Cut up used paper for scratch paper
89. Trace and cut out leaves
91. Finish Bible quotes
93. Cut out pictures from magazines
95. Put coins in a jar
97. Put bird feed out for the birds
99. Reminisce about a favorite summer
101. Make a birthday cake

50. Identify states and capitals
52. Color a picture of our flag
54. Grow magic rocks
56. Reminisce about the first kiss
58. Dance
60. Make homemade ice cream
62. Make Christmas cards
64. Write a letter to a family member
66. Pop popcorn
68. Give a manicure
70. Plant a tree
72. Make homemade applesauce
74. Feed the ducks
76. Look at pictures in Magazines
78. Sand wood
80. Decorate paper placemats
82. Remember famous people
84. Finish Nursery Rhymes
86. Wipe off patio furniture
88. Take care of fish tank
90. Ask simple trivia questions
92. Paint with string
94. Read classic short stories
96. Sew sewing cards
98. Clean out a pumpkin
100. Roll yarn into a ball